

GAY PROJECT

Monthly Newsletter November 2025

Welcome to the November edition of the Gay Project Newsletter!

This month, we're excited to share updates on what's been happening over the past few weeks. From our Cork Queer College night courses to the Rainbow Roadshow setting up Queer Vibes across the county, and with the Out and Outstanding in Cork Awards now open for nominations, it's been a busy time.

If you have any questions, queries, or would like more information about any of our projects, please don't hesitate to get in touch!

BUILDING UPDATES



Slowly but surely we are making progress on the renovations for Gay Project's new Community Centre!

Our Disability Access Certificate has been approved and we are currently in the process of gathering final quotes for costing the renovations.

As the renovations continue, Gay Project have become anchor tenants of the Turners Cross Community Centre. We are delighted with this support and are looking forward to working with the Turners Cross Community.

**Your support makes a difference.
Donate to Gay Project today!**

[Click Here to Donate](#)

NEWS

National Coming Out Day



To celebrate National Coming Out Day, Gay Project hosted 'Welcome To The Community: Coming Out Event' on the 18th October at Intermission Bar.

Massive thanks to our incredible guest speakers Bruno Oliveira/Mia Gold, Cllr John Maher, Yvon Bonenfont, and Kara Hosford (Gender Rebels) for sharing their deeply personal journeys and insights. Your honesty, strength, and humour moved and inspired us all.

A heartfelt thank you to Judy and Darragh in Intermission for providing such a warm and welcoming space!

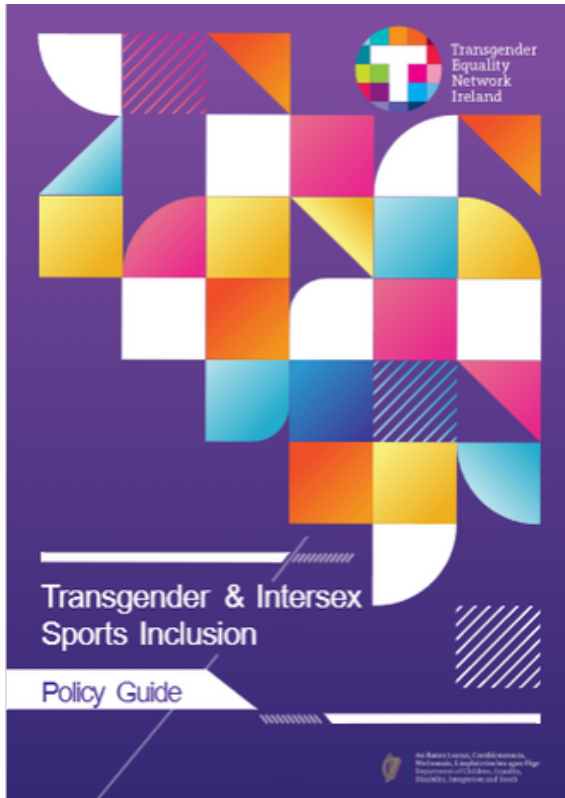
International Older Persons Day



On October 5th, to mark International Older Persons Day, Gay Project attended the Championing Inclusive Care: LGBTQI+ Inclusion in Older Persons' Services conference, organised by LGBT Ireland.

It was an engaging and thought-provoking event that highlighted the importance of visibility and respect for LGBTQI+ older people and explored how care services can improve their support to create truly inclusive care environments for LGBTQI+ older people.

The Transgender & Intersex Sports Inclusion Policy Guide



[Available to read here](#)

TENI hosted the launch of its Transgender & Intersex Sports Inclusion Policy Guide at Outhouse LGBTQ+ Centre on October 23.

The guide highlights the vital role sports play in promoting well-being, not only supporting physical fitness but also fostering mental health, social connection, and a strong sense of belonging.

Developed in line with international best practices and informed by global research, the guide was created in consultation with trans, intersex, and sporting communities across Ireland. It aims to challenge misinformation and address the lack of awareness surrounding inclusion in sports.

This initiative is led by TENI (Trans Equality Network Ireland), a charity dedicated to advancing equality, promoting inclusion, and improving the lives of trans people and their families.

Cork LGBT Archive



Would you like to help preserve Cork's Queer History?

Cork LGBT Archive are looking for volunteers to join their volunteer evenings, Tuesdays 6pm - 8pm.

Contact info@corkLGBTArchive.com to get involved.

Out & Outstanding in Cork Awards



Nominations are open for Gay Project's Out & Outstanding in Cork Awards 2025!

Deadline: November 3rd, 12 noon

Gay Project's Out & Outstanding in Cork Awards is a celebration recognising the exceptional contributions of volunteers, allies, and community champions who bring pride, unity, and positive change to the LGBTI+ community in Cork.

Honouring leaders from sports, culture, arts, corporate/community allies, advocacy, and more, this awards night shines a spotlight on those who inspire, with their commitment to inclusivity and impact. Join us in celebrating their dedication to building a stronger, more vibrant community for all!

Submit your nomination before the deadline!

Don't forget to save the date for the awards ceremony: **Sunday 14th December**

[Submit your nominations here!](#)

TRAININGS



Gay Project's Outreach and Education Community Development worker, Killian has been busy over the last few weeks, facilitating trainings across various settings.

Killian with staff from Edel House, Good Shepherd Cork

Our Trainings

For any questions or to book a training email killian@gayproject.ie

- ✦ **Rainbow Ready Training** is a certified inclusivity training programme designed for community organisations, non-profits, and educational institutions. This training equips staff, educators, and leaders to create and maintain inclusive, respectful, and safe spaces for LGBTI+ individuals.
- ✦ **Out, Out! Night Time Economy Inclusion Mark Training Programme**
Supported by LINQ Ireland, Safe Gigs Ireland, and Cork Pride. This innovative training programme is designed to create a more inclusive and safe night-time economy by providing bar staff, security, and late-night venue workers with the tools and knowledge to foster welcoming spaces for LGBTI+ patrons.
- ✦ **HSE: LGBTI+ Allies In The Workplace**
Facilitated in partnership with Gay Project and LINQ Ireland and funded by HSE Cork South Community Work Department for HSE campuses and departments.
- ✦ **Pride In Health: LGBTI+ Allyship Training Programme**
Aims to enhance the quality of healthcare services for the LGBTI+ community in Cork and Munster. Delivered by Gay Project this initiative seeks to extend the provision of comprehensive training to healthcare and medical staff, promoting an inclusive and supportive environment for all patients. Funded by the Hospital Saturday Fund this training is free for G.P.s and other medical practitioners.

[Click here for further information](#)

COMMUNITY GROUPS

Rainbow Roadshow: Queer Vibes on Tour



*The launch of Rainbow Roadshow: Queer Vibes
Bantry, 16th October 2025*

The Gay Project's Rainbow Roadshow is expanding access to LGBTI+ services across Cork County. As part of this initiative, the Gay Project, together with dedicated volunteers, is setting up LGBTI+ social cafés in local towns to create safe, welcoming, and inclusive spaces.

Queer Vibes is a social café designed for the LGBTI+ community (18+), offering an open, relaxed environment to meet new people and connect with friends over a cup of tea or coffee. No pre-booking is required, just come along! Check out the locations and dates below.

Upcoming Queer Vibes cafés

Mallow

1st Wednesday of each month, Mercy Centre, Mallow, P51 PF10
Next session: Wednesday 5th November, 5.30pm - 7.30pm

Cobh

2nd Wednesday of each month, Cobh Community Centre, P24 WP82
Next session: Wednesday 12th November, 5.30pm - 7.30pm

Bantry

3rd Thursday of each month, Bridge Street Community Cafe, Bantry, P75 EC42
Next session: Thursday 20th November, 5pm - 7pm

Midleton

4th Tuesday of each month, My Place, Midleton, P25 TT50
Next session: Tuesday 25th November, 5.30pm - 7.30pm

*For more information or to get involved, please
contact: killian@gayproject.ie*

Queer Vibes



On the last week of October, Queer Vibes got into the spooky spirit with a pumpkin carving night! The perfect way to kick off Halloween celebrations. Massive thanks to everyone who came, bringing their creativity and carving skills!

Queer Vibes is a social café for the LGBTI+ community (18yrs+) that happens weekly on a Tuesday. It is a way to socialise, meet new people and make friends. Tea, coffee and snacks are provided.

Cork Queer College

Cork Queer College has been in full swing over the past few weeks. Courses have included; GOLDen Plates: Airfrying Course for Older Men, Outspoken: LGBTI+ Toastmasters and Gays CAN Drive: Theory Test Preparation among others.

Cork Queer College is a series of courses tailored empower, inspire, and connect members of the LGBTI+ community in Cork.

Cork Queer College, proudly supported by Cork Education & Training Board (REACH Fund 2025), with additional funding from HSE South West – Community Work Department and Cork City Council Creative Communities Fund.



Outspoken: LGBTI+ Toastmasters



GOLDen Plates: Airfrying for Older Men with GOLD, Spet - October



MONTHLY SCHEDULE

NOVEMBER 2025

Monday 3rd , 10th , 17th , 24th

7pm, [Frontrunners & Briskwalkers](#), Kennedy Park, Ballintemple

Tuesday 4th , 11th , 18th , 25th

5.30pm - 7.30pm, [Queer Vibes](#), Turners Cross Community Centre

6.30pm - 7.30pm, [Rainbow Yogis](#), South Parish Community Centre, Sawmill St.

6.45pm - 9.00pm, [Cork Hellhounds RFC](#), Glen Resource and Sports Centre

8pm - 10pm, [Cork Racketeers Badminton](#), James Kenneally Sports Hall

Wednesday 5th , 12th , 19th , 26th

4pm - 7pm, [UP Cork LGBTI+ Youth Group](#), South Parish Community Centre, Sawmill St.

7.30pm - 8.30pm, [Cork Rebels FC](#), The Glen Resource & Sport Centre

Wednesday 5th

7.00pm - 9.00pm, [Gender Rebels : Trans+ Hangout](#), Turners Cross Community Centre

5.30pm - 7.30pm, [Mallow: Queer Vibes](#), Mercy Centre, Mallow, Cork

Wednesday 12th

5.30pm - 7.30pm, [Rainbow DiverseAbilities](#), South Parish Community Centre

Friday 7th , 14th , 21st , 28th

12pm - 3pm, [GOLD Café for Older Men](#), Turners Cross Community Centre

8.15pm - 10pm, [Cork Racketeers Badminton](#), James Kenneally Sports Hall

Friday

5.45pm - 7.45pm, [Gayze Gaymes](#), Gay Project, Sawmill Street

Saturday 1st , 8th , 15th , 22nd , 29th

10am - 11am, [Frontrunners & Briskwalkers](#), Marina Market

4pm - 6pm, [Ink-lusive: LGBTI+ Art Hangout](#), Turner's Cross Community Centre

Saturday 29th

3.30pm - 5pm, [OutLit](#), Cork City Library

Sunday 2nd , 9th , 16th , 23rd , 30th

11am - 1pm, [Cork Hellhounds](#), Mahon Rugby Grounds

[Click Here for Full Schedule](#)

You can add our Community Group Events Schedule to your own calendar through our website! You can find the schedule [here](#). To add the calendar to your personal Google Calendar just click 'Add to Google Calendar' at the bottom left of the calendar.

EVENTS

Frontrunners & Briskwalkers: Got(h) To Run



Saturday, 1st November, 10 am
Marina Market (meet us out back by the waterfront!)

FRBW cordially invites you to their annual Halloween 5K run, where this year's theme is Addams Family Gothic Glamour!

Check out their [Instagram page](#) for some costume inspiration.

Cork Hellhounds RFC: Table Quiz



Join Cork Hellhounds for a table quiz in Crawford & Co!

Bring your friends and compete against the Hellhounds pack for some fun prizes 🐾

Thursday 13th November, 7pm doors open, quiz starts 8pm at Crawford & Co, Anglesea St, Cork

UPCOMING DATES

Transgender Awareness Week & Transgender Day of Remembrance

Transgender Awareness Week (13th - 19th November) is a time for the LGBTQ+ community to celebrate, uplift and honor our trans community. The week leads up to the Transgender Day of Remembrance on **November 20th**.

The Transgender Day of Remembrance, first observed in 1999, was established to honor the memory of those who have lost their lives to anti-transgender violence. The day serves as a powerful reminder of the ongoing impact of transphobia and the need to continue working toward safety, respect, and equality for all transgender people.

Intersex Day of Remembrance

Observed annually on November 8, Intersex Day of Remembrance raises awareness of the human rights issues faced by intersex people around the world. First marked in 2005, the day has continued to grow in visibility and significance, highlighting the importance of equality, respect, and inclusion for intersex individuals.

Community Noticeboard

Submit to our e-newsletter community noticeboard!

If you're organising an upcoming event outside Gay Project, and want to share, submit the information via this [Google Form](#). The community notice board is for anyone who has visited Gay Project, attended a community group or event, are a volunteer or committee member. Any questions? Email admin@gayproject.ie

Note: If we receive a high number of submissions each month, we'll only be able to feature some submissions.

How to Support Our Work

Your support makes a difference—donate today!

[Click Here to Donate](#)

Apply for your Gay Card Today!

In March 2025, the Gay Card fundraising initiative was launched to help cover costs of the vital developments at Gay Project's new Community Centre building.

GAYCARD
TOGETHER FOR COMMUNITY



Learn more: [Click Here](#)



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An Roinn Leanaí, Comhionannais,
Michumais, Lánpháirtíochta agus Óige
Department of Children, Equality,
Disability, Integration and Youth

021 4300 430 / info@gayproject.ie / www.gayproject.ie
10/10a, High Street, Cork City

RCN: 20078652 CRO:256161



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HSE South West

