

CORK BASED LGBTQ SUPPORTS, SERVICES AND EVENTS



Cork LGBT+ Pride Festival
www.corkpride.com
info@corkpride.com



Cork LGBT+ Intergency Group
 @CorkLGBTAwarenessWeek



LGBT Helpline
 A non-judgemental, confidential, listening support and information service for lesbian, gay, bisexual and transgender (LGBT) people as well as their family and friends.
www.lgbt.ie
 Call: 1890 929 539
 Mon – Fri: 6:30pm – 10pm
 Sat – Sun: 4pm – 6pm



Gender Identity Family Support Line
 A support service for families of trans and gender non-conforming people.
 Call: 01 907 3707
 Sundays from 6PM – 9PM



Cork Trans Peer Support Group
 A peer support group for people who are preparing, in the process of, or have completed a social and physical transition, either from male to female or vice-versa.
 Call: 085 262 3317



Gender Rebels Cork
 A group based in Cork City that advocates for and supports all transgender, non-binary, intersex and gender non-conforming individuals.
[@genderrebelscork](https://www.instagram.com/genderrebelscork)



LINC
 An organization that advocates for lesbian and bi women in Ireland.
 Email: info@linc.ie
 Call: 021 480 8600
 Address: 11A White Street, Cork



The Sexual Health Centre
 An organisation that provides a wide range of mostly free sexual health services and advocates for the positive sexual health image. Sexual Health Centre also provides an LGBTI+ Sexual Health Support Service.
 Email: info@sexualhealthcentre.com
 Call 021 427 6676
 Address: 19 Peters Street Cork
 Mon – Fri: 9am – 5pm



Transformers Youth Group and Transparenci Parents Group
 Email: hannah@teni.ie



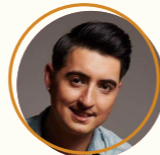
Parents of LGB Info Group
 Email: info@linc.ie



UP Cork LGBT Youth Group
 Call: 086 044 3745
 Email: Nadia@cdys.ie



Ailsa Spindler
 Coordinator
ailsa@gayproject.ie



Konrad Im
 Community Development Worker
konrad@gayproject.ie

GET IN TOUCH

Phone Us
 021 4300 430

Email
info@gayproject.ie

Find Us Online

- @GayProjectIRL
- @GayProjectIRL
- @GayProjectIRL
- gayproject.ie
- www.gayproject.ie



CHY: 19938 CRO: 256161



GAY | BI+ | QUEER | MSM | TRANS

MISSION

- ✦ To ensure that gay, bisexual, men who have sex with men (MSM), trans and queer men are enabled to participate fully in Ireland's social, economic, cultural, political and artistic life.

WE PROVIDE INFORMATION, RESOURCES AND SIGNPOSTING

- ✦ An extensive book and DVD library as well as copies of Gay Community News
- ✦ Free condoms and lube
- ✦ A shop with badges, books, flags and other LGBT+ items
- ✦ Information and resources on sexual, mental and physical health
- ✦ Signposting to support services for issues such as drugs and alcohol, ageing, sexual health, counselling and more.
- ✦ Signposting for Young LGBT+ People and information/support for Parents of LGB and Trans Young People.
- ✦ Access to Educational Materials such as 'Festival of Dangerous Ideas' webinars available on gayproject.ie

✦ Training & Workshops

We deliver workshops and talks for schools, colleges, community groups/organisation and in professional workplaces. Workshop topics can be tailored around various LGBT+ issues to suit your specific needs.

We also run in-house workshops, training and education courses for those in the LGBT+ community such as various forms of personal development programmes, and skills based training.

✦ Advocacy

We campaign for LGBT+ Human Rights and Policy Protections locally, nationally and globally. We work with a range of State agencies and other NGO's to advance LGBT+ Policy issues and are campaigning to make Ireland the Best Place to be LGBT.



WE RUN EVENTS & SOCIAL GROUPS

Sports

- ✦ Gay Ramblers and Hillwalkers
- ✦ Cork Rebels Football Club @corkrebelsfc
- ✦ Frontrunners Cork @frontrunnerscork
- ✦ Cork Hellhounds Inclusive Rugby Club @corkhellhounds
- ✦ Cork Racketeers Badminton Club @corkracketeers

Health & Wellbeing

- ✦ Free Rapid HIV tests monthly in conjunction with the Sexual Health Centre
- ✦ Yoga For Men
- ✦ Online Meditation Club

Information

- ✦ Weekly daytime Drop In Service for information and support.
- ✦ Gay Information Cork Tuesdays 6.30PM – 10.00PM Call: 1890 929 539

Culture

- ✦ OUT-Lit LGBT Bookclub @outlitcork
- ✦ OUTstaged Drama Group @outstageddrama
- ✦ Drag School with Mia Gold
- ✦ Cork Drag Rec Room

Social

- ✦ Queer Vibes LGBT+ Café
- ✦ GOLD Café for older men
- ✦ OUT Past 10
- ✦ Rainbow Garden Club
- ✦ Munster Gayze Facebook group
- ✦ LGBTI+ Student Hub
- ✦ Gayze Café for GBTQmsm Men

Email konrad@gayproject.ie for more info

Follow us on social media for weekly updates on upcoming events.

Or sign up to our newsletter on GAYPROJECT.IE for event invites and updates.

DONATE

Your donations ensure that we can continue expanding Gay Project Community Programme and supporting more people. There are several ways to donate to Gay Project:

- ✦ Visit gayproject.ie & click Donate Now to give a one-off donation or **become a monthly donor** to a sum of your choosing!
- ✦ Find us on **ChangeDonations.com** and select Gay Project to donate your spare change.
- ✦ Host a fundraiser for Gay Project in your school, workplace or community. We can provide donation buckets at request. Be sure to contact us in advance for guidelines.
- ✦ Or become a Birthday Donor by selecting Gay Project to fundraise for your birthday on Facebook.

EMAIL AILSA@GAYPROJECT.IE FOR MORE INFO!

VOLUNTEER

There's numerous ways you can volunteer with Gay Project:

- ✦ Become a Stewarding, Bucket Collection and information volunteer.
- ✦ Write a blog for Gay Project.
- ✦ Establish a Community group through Gay Project Community Volunteer Programme.
- ✦ Choose Gay Project for your workplace Corporate Volunteer Programme.
- ✦ Host a fundraiser for Gay Project.

EMAIL KONRAD@GAYPROJECT.IE FOR MORE INFO!