OTHER SUPPORTS

LGBT Helpline
A non-judgmental, confidential, listening support and information service for lesbian, gay, bisexual and transgender (LGBT) people as well as their family and friends.
Call: 1890 929 539
Mon – Fri 6.30pm – 10pm
Sat – Sun 4pm – 6pm

Gender Identity Family Support Line
A support service for families of trans and gender non-conforming people.
Call 01 907 3707 on Sundays from 6pm – 9pm.

Cork Trans Peer Support Group
A peer support group for people who are preparing, in the process of, or have completed a social, and physical transition, either from male to female or vice-versa.
Call: 085 1935461

Gender Rebels Cork
Advocates for and supporters of all transgender, non-binary, intersex and gender non-conforming individuals.
Email: genderrebelscork@gmail.com

LINC
Advocating for lesbian and bi women in Ireland.
Email: info@linc.ie
Call: 021 480 8600
11A White Street, Cork

The Sexual Health Centre
16 Peters Street Cork
The Sexual Health Centre is an NGO that provides non-biased information and offers personal and non-judgemental support in all matters of sexual health, wellbeing and sexuality.
Contact: 021 427 6676
info@sexualhealthcentre.com
Mon – Fri 9am – 5pm

Padraig Rice
Coordinator
padraig @gayproject.ie
087 164 6072

Michael O'Donnell
Community Development
michael @gayproject.ie
087 364 7901

Mark Holland
Community Liaison
mark@gayproject.ie
021 430 0430

Konrad Im
Volunter Leader
konrad@gayproject.ie
021 430 0430

Get in touch

Pop in!
Mondays, Wednesdays and Fridays
12pm — 3pm
from Mon 13th of May
4 South Terrace, Cork City

Phone Us
021 430 0430

Find Us Online
@GayProjectIRL
Gayproject.ie

Feidhmeannacht na Seirbhíse Sláinte
Health Service Executive

Cúram Sláinte Pobail
Corcaigh Ciarraí
Cork Kerry
Community Healthcare

This programme was made possible with funding from the HSE, donations of time and money from community members, with support from Cork City Council and the Department of Rural and Community Development.

WELL GBT

SUMMER 19
MAY — JULY

GAY PROJECT
GAY | BI+ | QUEER | MSM | TRANS

Cork Pride

Annual Cork Pride LGBT Festival.
Save the date:
Sun 28th of July – Sun 4th of August.
Parade 4th August, meeting on Grand Parade

Web: www.corkpride.com
Email: info@corkpride.com

May - July Schedule

FIT MONDAYS

TRANS AND GENDER QUEER COFFEE MORNING
Every Mon from 13th of May 12 noon
Gay Project

YOGA FOR MEN
Every Mon from 13th of May 7.30pm,
Gay Project

FRONTRUNNERS CORK
Every Mon 7.30pm
Contact Frontrunnerscork@gmail.com for location and more information

YOUTHFUL TUESDAYS

UP CORK LGBT+ YOUTH GROUP
Every Tues 6pm,
Gay Project

QUEER VIBES – COFFEE SOCIAL GROUP
Every Tues 7pm,
top floor Quay Coop,
Sullivan's Quay

GAY INFORMATION LINE
Every Tues
6.30pm – 10pm,
(021) 427 1087

SELFCARE WEDNESDAYS

COMMUNITY CENTRE OPENING HOURS
Every Wed
12 noon – 3pm
Condoms, magazines, books & badges,
Gay Project

HEALTHY COOKING DEMO
Wed 22nd of May
7.30pm

QUEER VIBES COFFEE MORNING IN BANDON
3rd of July 12 noon
Contact Michael@gayproject.ie for more information

SELF-CARE WORKSHOP USING HERBAL MEDICINE WITH TIARNAN FROM DEEP ROUTES GARDENING
10th of July 7.30pm

SEXY THURSDAYS

DRAMA WORKSHOP
First Thurs of the month, 6pm, Gay Project

FREE RAPID HIV TESTS
Third Thurs of the month Gay Project
6-8pm, in conjunction with the Sexual Health Centre

ACT UP CORK – HIV ACTIVISM AND AWARENESS GROUP
Monthly meetings and events
Email:actupcork@gmail.com for more information

FUN FRIDAYS

GOLD OLDER GENTS COFFEE MORNING
Every Fri 12 noon

PARENTS OF LGB
Second Fri of the month, 7pm, LINC, White Street

FUN FRIDAYS

COMMUNITY CENTRE OPENING HOURS
Condoms, magazines, books & badges
Every Fri
12 noon – 3pm,
Gay Project

OUT Past 10
- 3rd May,
- 7th June,
- 5th July **(Big Summer BBQ)**

All events are BYOB
Gay Project 8.30pm

LAUNCH OF "MAKING CORK THE BEST PLACE TO BE LGBT+".
10th of May,
Gay Project 5.30pm

TRANSFORMERS YOUTH GROUP
Third Fri of the month.
Attendance by appointment only.
Contact
Catherine Cross: **087 063 7933**
John Fleming: **087 920 2858**

MEN'S WELLNESS WEEKEND
Workshop in the Gay Project, Fri 14th of June 7:30pm

SOCIAL SATURDAYS

CORK REBELS LGBT FOOTBALL CLUB
Every Sat 1pm,
The Lough Community Centre

EMOTIONAL SELFCARE WORKSHOPS
- 15th of June from 12 noon
- 27th of July from 12 noon

OUT-LIT LGBT BOOK CLUB
Cork City Library
3.30pm
- Sat 25th of May "The Gustav Sonata" by Rose Tremain
- Sat 29th of June "The Frontrunner" by Patricia Neil Warren
- Sat 27th of July "Passion" by Jeannette Winterson

WELLGBT+ FEST IN FITZGERALD'S PARK
15th of June 12-3pm
Family fun day.
Kindly sponsored by Cork City Council

SEXUAL HEALTH OUTREACH
13th of July 10pm
Contact Michael@gayproject.ie for more information

OUTDOOR SUNDAYS

GAY RAMBLING HILLWALKING GROUP
Second Sun of the month 9am,
contact michael@gayproject.ie to register

COFFEE MORNING IN AID OF UP CORK LGBT YOUTH GROUP
26th of May,
Gay Project
11am – 2pm

LGBTI Awareness Week 12/18th of May

SUNDAY 12TH OF MAY
International Day Against Homophobia – 10.15am
IDAHOT/IDAHOBIT International Day Against Homophobia Day Service in St Anne's Shandon

TUESDAY 14TH OF MAY
11-1pm Ceremonial Raising of Flags Across Cork City & County

6:30pm Stonewall Exhibition
Cork City Central Library

THURSDAY 16TH OF MAY
LGBTI Allies At Work : What Works in the Workplace? – 9.30 - 1pm
Republic of Work

LGBT Allies in Art – 2:30pm
The Crawford Gallery,
Emmet Place

SATURDAY 18TH OF MAY
Rainbow Picnic in the Peoples Park
Park Decoration – 2 - 5pm

OUT-LIT Outside – 3 - 4pm
Readings in the Park

MONDAY 13TH OF MAY
LGBTI Awareness Week launch
4.45 - 5.45pm
- Raising Rainbow Flag 4.45pm-5pm
- Launch & Reception of LGBTI Week with Lord Mayor - 5.45pm

WEDNESDAY 15TH OF MAY
Allies for Youth Briefing on LGBTI Youth Strategy – 2.15 - 5pm
DYCA – Nano Nagle Place

LGBTI Youth Strategy Briefing for UP Cork and other Youth Projects - LINC 5:15 - 7pm

FRIDAY 17TH OF MAY
Culture Night at Triskel
6.30 - 9pm
- Wine Reception - 6pm
- Screening "The Favourite" - 7pm

Whether we are at home, at school, at work or at play we need Allies. And all of us can be Allies.

CORK
Allies for inclusion
Cork LGBTI+ Inter-Agency Group